

Saint Joseph Catholic School

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ST. JOSEPH
CATHOLIC SCHOOL

Eagle's Nest

Volume 1, Issue 13
October 2017

Holly Limón,
Principal
Shannon Gagnepain,
Office Manager
Diana Dicochea,
Receptionist

Mark Your Calendar

Halloween

October 31st



Book Fair

Nov 13 - 17



St. Joseph's Night Out - Dinner & Dance Auction

Nov 18, 5-10 p.m.

St. Joseph's Mission Statement

A Christ-Centered
community
dedicated to
empowering
students to **Learn,
Serve, Lead and
Succeed**

School Hours

Monday through
Thursday: 7:55 a.m.
- 3:00 p.m.
Friday: 7:55 a.m. -
12:30 p.m.

Office Hours

Monday through
Thursday: 7:15 a.m.
- 3:45
Friday: 7:15 a.m. -
2:00 p.m.

Dia de los Muertos Altar

Students have been learning about this Mexican tradition in Spanish class. This holiday is not related to Halloween. It is, however, a time to remember - in a positive way - our relatives and friends that have passed on. The altar will remain up through November 3rd. Please stop by and take a look.



How to Start or Explain a Conversation When There Has Been a Tragedy

Unfortunately, in our world today we see and hear about a lot of tragedy. These tragedies vary greatly and can range from accidents, natural disasters, terrorist attacks, mass shootings, etc. Whatever the tragedy it is important to talk to your student if possible before they see and hear about the incident via any type of media or through friends. Students will see and hear about these incidents just as quickly as you hear about them. Talk to your student, help them to understand what happened, and help them process the situation. It is better that they hear all the facts first, before they hear other people's thoughts and opinions on what happened.

Facts are important, as media often misrepresents them based on the information they have, which is not always accurate. Please take the time to think about what is developmentally appropriate for your student to know and what you are going to say. Find out if your student already knows about the incident. If they do, ask them what they've heard and clarify any misinformation, then ask if they have any questions or concerns. If they haven't heard about the situation you have a chance to share the basics and listen to their questions and concerns.

When discussing a tragedy, always tell the truth. You don't want to sugar coat anything because they will hear it from somewhere else and then wonder why you didn't tell them the truth. Stick to the facts and try not to exaggerate or speculate about what might have happened. Listen to your student to make sure they understand what happened and to understand any fears they may have. Let them know you are there for them if they need to talk about the situation again.